

Mary E. Ricotta, D.D.S.

Cosmetic Dentistry – Teeth Whitening

Overview

- ✦ Tooth whitening facts
- ✦ Reasons teeth discolor
- ✦ What to expect at appointments
- ✦ The whitening process
- ✦ Schedule an appointment



Tooth Whitening

- ✦ A perfect way to brighten the beauty of your smile
- ✦ A simple, non-invasive treatment that will not affect tooth enamel
- ✦ Tooth whitening only works on natural tooth enamel, it will not whiten fillings
- ✦ Fillings can be replaced after whitening to match your new whiter teeth

Why Teeth Discolor

- ✦ Drinking coffee, tea or wine
- ✦ Smoking and aging
- ✦ Discoloration due to medication
- ✦ Fluorosis (excessive fluoridation during tooth development)



What does Teeth Whitening Involve?

First Appointment

- 📌 Impressions (molds) made of your teeth
- 📌 Impressions used to create custom, clear plastic trays

Second Appointment

- 📌 Try in the trays for a proper fit
- 📌 Adjustments made if necessary for a comfortable fit

Whitening Process

- ✦ Trays are to be worn with a special whitening solution
- ✦ Keep trays in for 30 minutes for best results
- ✦ Can be worn once or twice a day
- ✦ [Learn More](#)



Come in to get a whiter smile!

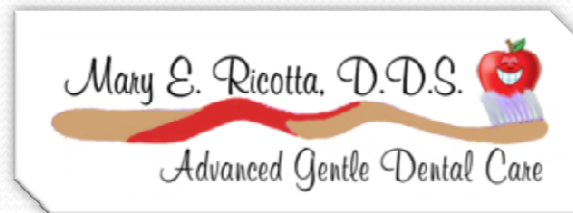
Office Hours

Monday:
9am-5pm

Tuesday:
9am-3pm

Wednesday:
9am-3pm

Saturday:
8am-2pm



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